

**Courageous**  
Check yourself.



I face evil super  
villains without  
flinching.

I don't laugh at  
sexist jokes.

**Fearless**  
Check yourself.



I help when someone  
is in trouble.

I raise my voice  
against sexual  
violence.

**Strong**  
Check yourself.



I leap over tall  
buildings in a  
single bound.

I stand up to my  
buddies when they  
are disrespectful to  
women.

**Strong**  
Check yourself.



I'm not ashamed to  
ask for help.

I help when someone  
is in trouble.

**Strong**  
Check yourself.



I'm not ashamed to  
ask for help.

I raise my voice  
against sexual  
violence.